

CATASTROPHES
HAPPEN.

ARE YOU
PREPARED?

YOU NEED TO
KNOW WHAT TO
DO TO MAKE IT
THROUGH.

makeitthrough.org

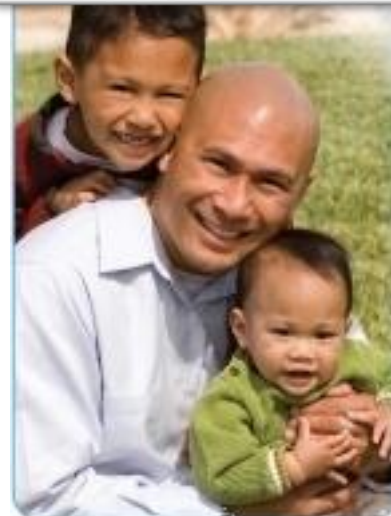


MAKE A PLAN

BUILD A KIT

HELP EACH OTHER

Emergency Preparedness



Recent Disasters have shown us...



Emergency Preparedness begins with **individuals....**

The more planning you
do NOW before the
disaster strikes—

☞ the better able you
and your family will be
to make it through and

☞ the quicker you will
recover afterwards.





MAKE A PLAN

- ☐ Know what kinds of emergencies could happen in your area.
- ☐ Know the resources and assistance in your community.
- ☐ Complete a personal assessment.
- ☐ Make a communications plan.



| Emergency Communication 4 ALL | | | | | | | | | | Picture Communication Aid | | | | | | | | | |
|--------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----------------------------------|--|--|--|--|
| FREE SPACE (for your custom message) | | | | | | | | | | I can't speak but I can hear and understand you | | | | | My technology needs to be charged | | | | |
| | | | | | | | | | | My vital information is on the back on this page | | | | | Please contact my family | | | | |
| MY NAME IS | | | | | | | | | | I am, my | | | | | Blood | | | | |
| WHO | | | | | | | | | | Yes, yours | | | | | Broken | | | | |
| WHERE | | | | | | | | | | Like, her, best | | | | | Stomach | | | | |
| WHAT | | | | | | | | | | No, his, him | | | | | Check | | | | |
| WHEN | | | | | | | | | | They, them, their | | | | | Communicate | | | | |
| HOW | | | | | | | | | | We, were | | | | | Evacuate | | | | |
| | | | | | | | | | | | | | | | Understand | | | | |
| | | | | | | | | | | | | | | | Danger | | | | |
| | | | | | | | | | | | | | | | Flood | | | | |
| | | | | | | | | | | | | | | | Shelter | | | | |
| | | | | | | | | | | | | | | | Hurt/Injured | | | | |
| | | | | | | | | | | | | | | | NO | | | | |

| Picture Communication Aid | | | | | | | | | |
|--|---|---|----|-------|--|--|--|--|--|
| Ask me questions if you need to, but please wait patiently for my replies. | | | | | | | | | |
| I will point to where I hurt. | | | | | | | | | |
| 0 | 1 | 2 | 3 | 4 | | | | | |
| 5 | 6 | 7 | 8 | 9 | | | | | |
| A | B | C | D | E | | | | | |
| F | G | H | I | J | | | | | |
| K | L | M | N | O | | | | | |
| P | Q | R | S | T | | | | | |
| U | V | W | X | Y | | | | | |
| Z | ? | . | !! | SPACE | | | | | |

The Picture Communication Symbols
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MAKE A PLAN



MAKE A PLAN

- ☐ **Create a personal support network.**
- ☐ **Make an emergency information list.**
- ☐ **Make a medical information list.**
- ☐ **Make a plan around evacuation or sheltering in place.**



MAKE A PLAN

Think about the following when creating a FAMILY plan:

- ☐ What happens if we are separated?
- ☐ Where can we meet?
- ☐ How will we contact each other?
- ☐ Who are our emergency contacts?
- ☐ What if I'm at work & can't get home?
- ☐ What about our pets or service animals?





BUILD A KIT

Individuals should prepare to be on their own for a minimum of **14 days** before help arrives

Survival Supplies

Grab –n- go kit- (base kit)

Home kit – 14 days

Car kit /commuter kit– 2 to 3 days

Work kit- 2 to 3 days



BUILD A KIT

Important **family documents**

Keep in a waterproof, portable container

- ☐ **Identification**
- ☐ **Property insurance papers**
(home, auto, boat, etc.)
- ☐ **Health insurance papers**
- ☐ **Financial papers** (bank,
investment, retirement, etc.)
- ☐ **Take photos or videos** of all
valuables as documentation
for insurance claims





BUILD A KIT

Additional Supplies:

An extra set of car keys



• **Travelers** checks and small bills



• Covered container for a toilet

• Plastic bags and ties for personal sanitation

• Sheet or tarp for privacy



Videos – YouTube

- Preparing Makes Sense for Older Americans
- Preparing Makes Sense for People with Disabilities and Other Access and Functional Needs
- Be Informed – Emergency Preparedness – Ad Council

If the earthquake happened tomorrow....



What are some steps you can take now....

Questions?



2501 South 35th St. Suite D
Tacoma, WA 98409
253-798-3686

Pierce County Department of
Emergency Management