

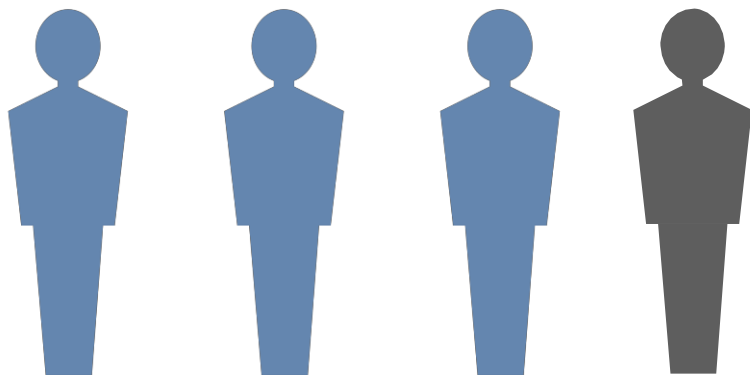
The Caregiving Crunch



THE CAREGIVING CRUNCH







3 in 4

people have been or will
be a **family caregiver**

1 in 10

Are age 75 and older

1 in 4

Are Millennials

AARP Caregiving Priorities

- CARE Act Implementation
- Respite Care
- Workplace Flexibility
- Telehealth

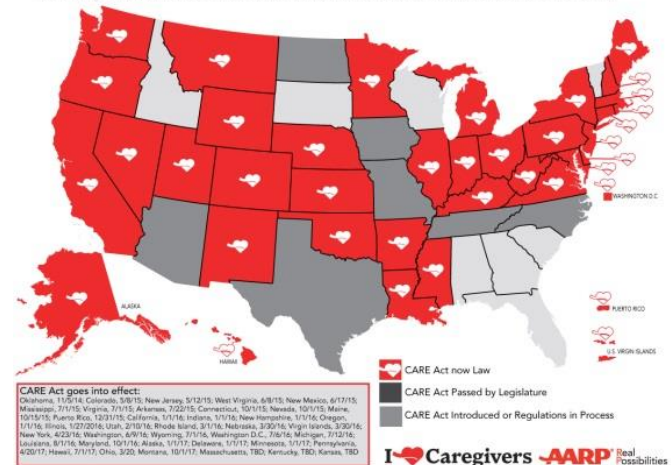


The CARE Act

- The CARE (Caregiver Advise, Record, Enable) Act or Senate Bill 6327 helps lay family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals to:
- Provide your loved one the opportunity to designate a lay family caregiver
- Inform you when your loved one is to be discharged to another facility or back home
- Provide instruction or training on the aftercare tasks you will need to perform at home:
 - Wound Care
 - Injections and medication management
 - Mobility

The Caregiver Advise, Record, Enable (CARE) Act

The CARE Act is a commonsense solution that supports family caregivers when their loved ones go into the hospital, and provides for instruction on the medical tasks they will need to perform when their loved one returns home.



Family Medical Leave

“This is the largest expansion in social security in Washington State. Hallelujah!”

– House Speaker, Frank Chopp



- Leave pay will vary from \$100 to \$1,000 a week, based largely on percentages of employees' wages.
- Parents, grandchildren, grandparents, caregivers
- 12 weeks at a time for sick leave
- 0.4 percent deduction on each paycheck.
- An employee must work 820 hours at business before becoming eligible.
- Companies can voluntarily set up stronger paid family leave programs for themselves.

Washington State Ranked #1 for Long Term Services and Supports

- The Scorecard ranks states based on five LTSS categories:
 - Affordability and access
 - Choice of setting and provider
 - Quality of life and quality of care
 - Support for family caregivers
 - Effective transitions between nursing homes, hospitals and homes
- High-performing LTSS systems help seniors:
 - Easily find and afford needed services
 - Have choices in both services and providers
 - Have access to quality care to help maintain their quality of life
 - Avoid unnecessary hospitalization and nursing home stays
 - Receive help from family caregivers, whose needs are addressed and supported
- To view the full report, go to www.longtermscorecard.org.