

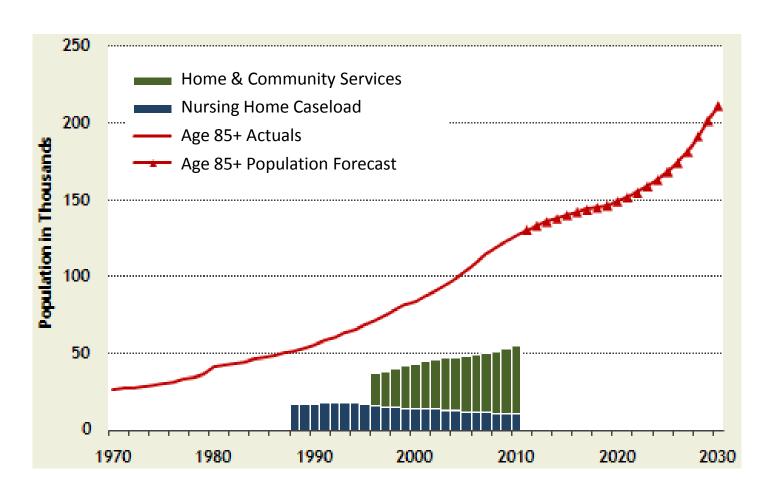
Aging and Long-Term Support Administration

Focusing on the Future: The Sustainability of Washington's Long-term Services and Supports System

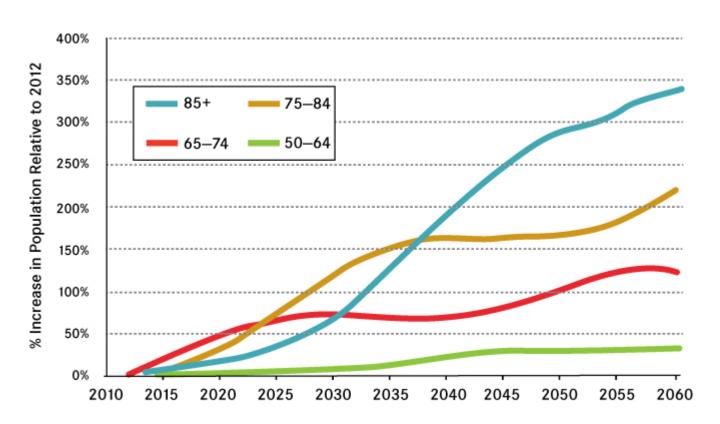
Bill Moss, Assistant Secretary, Aging and Long-Term Support Administration Bea Rector, Director, Home and Community Services Division Carl I. Walters II., Director, Residential Care Services Division October 29, 2014



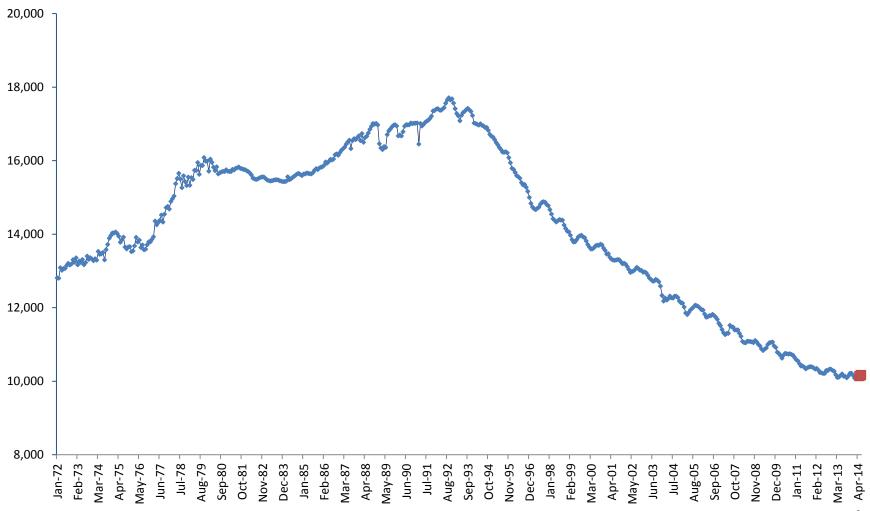
Age Wave in Washington State



Projected Growth of Older Population in WA State as % of 2012 Population



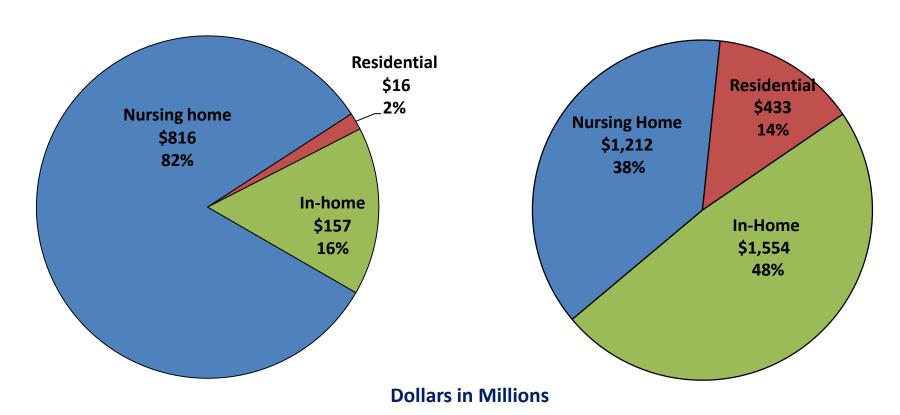
Rebalancing in Washington State



1991-1993 Biennium

Rebalancing in Washington State





2013-2015 Biennium

ALTSA Successes— Sustaining the Future of Long-term Care

- Tracking Incidents of Vulnerable Adults (TIVA) System
- Live Intake Call Response system for facility complaints

 Examining current processes to streamline efficiencies; assists in the developing consistent workload metrics and benchmarks

ALTSA Funding Priorities — Sustaining the Future of Long-term Care

- In-home/AAA Case Management
- Nursing Facility Investigators
- Complaint Resolution Unit Staffing
- Pre-Medicaid Services
- State Hospital Discharge
- Long-Term Services and Supports Insurance Study
- ProviderOne Payment System

LTSS Financing Insurance Study

(\$100,000 GF-S)

- 70% of people age 65+ will need long-term care
- 40% of the older population with LTC needs are poor or near poor with incomes below 150% of Federal Poverty Level
- Private LTC insurance is out of reach for many
- Medicaid is the primary payer of formal LTSS in the US

Home & Community Services Division

- Promote, plan, develop and provide long-term services and supports to individuals with disabilities and older adults
- Inform, educate and explain available options so individuals can make informed decisions
- Protect vulnerable adults from abuse, neglect & exploitation
- Support individuals with person-centered service planning that efficiently, adequately and safely sustains them in community settings
- Assist individuals who chose to move from institutional to home and community-based settings

What is needed to support the LTSS needs of individuals now and into the future?

Community First Choice Federal Origin and Intent

- New federal authority created by the Affordable Care Act
- Encourages states to invest in additional communitybased care
- Provides services that are designed to increase independence and skills
- Additional federal match available:
 - √ 6% higher than current Medicaid

CFCO Savings During Phase-In

Four Year Estimate*	FY16	FY17	FY18	FY19
CFCO Net Savings	(\$36 M)	(\$36 M)	(\$36 M)	(\$36 M)
Required Investments in DD Services (SB 6387)	<u>+\$6 M</u>	+\$16 M	+\$18 M	+\$18 M
Remaining Savings	(\$30 M)	(\$20 M)	(\$18 M)	(\$18 M)

Ongoing Savings	(\$18 M)	(\$18 M)	(\$18 M)	(\$18 M)
One-time Savings	(\$12 M)	(\$2 M)	-	-

^{*}Updated fiscal note assumptions for SB 2746. Revised estimates will be available after the fall 2014 caseload forecast is finalized.

In-home/AAA Case Management (\$14 million GF-S)

- Over the last 10 years, caseload ratios for AAAs have increased by 26% from 1:62 to 1:78
- Results in an average of 6-7 hours less time per client/yr.
- Results in shortcuts, delays to responding to changes in client needs and inability to follow-up on needed coordination and referrals with health and social services providers

Pre-Medicaid: Interrupting the Path (\$19 million GF-S)

Over 850,000 unpaid family caregivers in Washington provide care equal to 5 times the Medicaid LTSS budget

Help families delay the point at which they must turn to Medicaid through funding of:

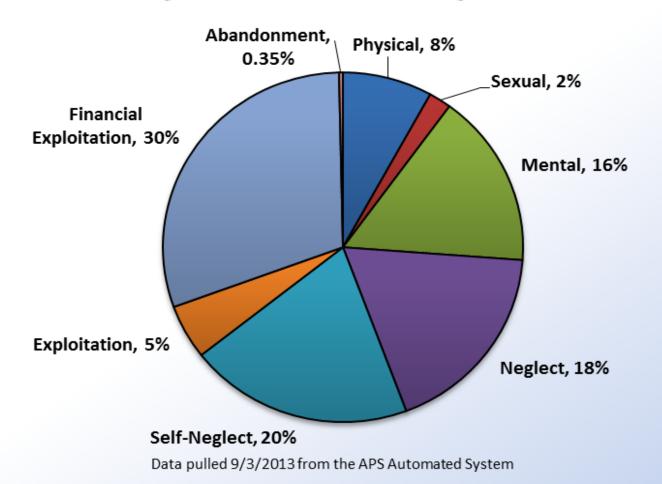
- Information & Options Counseling
- Use of Insurance, Private Finances, Community Resources
- Caregiver Screening & Assessment
- Family Caregiver Support
- Evidence-based Interventions

State & Community Hospital Relocation (\$6.1 million GF-S)

- Individuals with complex behavioral health and personal care needs who cannot benefit from active psychiatric treatment due to cognitive impairments are stuck because of lack of appropriate community options
- Increase community capacity to provide specialty services

Adult Protective Services (APS)

APS Investigated 19,474 Total Allegations in 2012



APS Staffing

(\$1.5 million GF-S)

- Financial exploitation and self-neglect cases have grown significantly
- Most complex investigations; require additional time to ensure protections

Vendor Rate Increases

(\$10.1 million GF-S)

Ensuring clients have choice and access to a broad range of community options is a cornerstone of WA's LTSS system.

- 5% increase to Assisted Living rate
- Restore \$.06 cut to Home Care Agency rate
- Increase rate for skilled nursing to match HCA rate
- IP and AFH rates negotiated through CBA

Potential Legislation

- RCW 74.34 revisions to vulnerable adult definition and definitions of abuse
 - ✓ Allows the Department to pursue and substantiate cases of abuse where the preponderance of the evidence indicates abuse occurred
- RCW 18.88B make permanent time-limited exemptions and extensions for limited personal care and respite providers and individuals who have difficulty reading, writing or understanding English
 - ✓ Important for ensuring access to qualified providers

Residential Care Services Mission



To promote and protect the rights, security and well-being of individuals living in licensed or certified residential settings.

Residential Care Services

- Ensuring that people who live in long-term care settings have their care and service needs met is our number one priority.
- This is done through regulating long-term care residential providers and making sure they meet federal and state licensing/certification requirements.

Regulatory Oversight

- 237 Nursing Homes regulated
- 543 Assisted Living Facilities regulated
- 2,750 Adult Family Homes regulated
- 13 Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID) regulated
- 143 Supported Living providers regulated
- Coming soon...Enhanced Services Facilities

Nursing Facility Investigation

- Nursing facility investigation staffing is not adequately funded and is not able to keep pace with growing numbers of complaints received per year.
- Complexity of nursing home investigations has increased
- Complexity of CMS facility survey system
- Federal deadlines for prompt responses to complaints

Complaint Resolution Unit Staffing (\$739,000 GF-S)

- Staffing historically has not been adequate.
- No acknowledgment of caseload growth resulting in a front-end system that has been flat funded for over a decade.
- The number of complaints has increased dramatically without staff to support the increase.

Adult Family Home Technical Assistance (\$683,000 GF-S)

- Provide technical consultative guidance on regulations
- Pre-emptively identify abuse and neglect
- Pre-emptively identify regulatory non-compliance
- Promote more positive resident and provider satisfaction
- Help prevent displacement of residents
- Improve resident quality of life, safety and quality of care
- Reduce the number of AFH license revocations

Enforcement in Supported Living

Considering statutory authority for graduated enforcement actions

Historically Supported Living has only had two enforcement options:

- 1. Decertification
- 2. Provisional certification

Statutory Authority gives us the:

- Opportunity to intervene earlier with intermediate enforcement actions that get better results.
- Ability to impose enforcement actions consistent with the severity of a violation.

Residential Care Services

Closing Comments

- Residents come first.
- Residential Care Services remains committed to keeping adults who are vulnerable safe.
- Our work impacts thousands of resident lives and their families across this state.
- Our divisional pleasure to partner with you to ensure the continued safety, welfare and well-being of adults who are vulnerable.



Aging and Long-Term Support Administration

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